



THE HIGHLANDS
A GRACE MGMT COMMUNITY
Week of July 21, 2024

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)							
	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Fish Chowder	Vegetable Rice	Creamy Carrot	Ham Potato Cabbage	Italian Wedding	Tomato Florentine	Minestrone
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Steak	Chix Piccata	Southwest Mtbl	Roasted Pork	Meatloaf	Turkey/Stuffing	BBQ Chix Thigh
	Fried Haddock	Shrimp Roll	Cod Peperonata	Mush. Bolognese	California Chix	Stuffed Sole	Pork Tenderloin
Starch	French Fries	Macaroni Salad	Parm Polenta	Mashed Sweets	Rice Pilaf	Mashed Potato	Pasta Salad
	Potato Salad	Pasta	Spanish Rice	Spag/Marinara	Cheesy Mash	Pesto Rice	Baked Beans
Vegetables	Asparagus	Spinach	Summer Squash	Green Beans	Peas	Parsnips	Brussel Sprouts
	Corn on Cob	Pickled Beets	Broccoli	Cauliflower	Carrots	Zucchini	Cole Slaw
Desserts	Choc Cake	Peach Cobbler	Banana Cake	Coconut Rice Pud	Choc Cr Pie	Cheesecake	Carrot Cake
	Apple Pie	CC Bread Pud	Strawberry Pie	Lem Mer Pie	Lemon Pudding	Pecan Pie	Cookie

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address